## Life and relationships A course for men





## **About the course**

When: Tuesday nights over 6 consecutive weeks

Time: 6:30pm—9:00pm

Location: "The Space Building"
Suite 1.6, Level 1
328 Scottsdale Drive Robina

Cost: \$480 incl.GST

The course provides a space for men to gain skills, awareness and support to better their lives and relationships.

## **Topics include:**

- Masculinity and you
- Managing emotions
- Common relationship issues and tools to healthy relationships
- Attachment styles and how they impact on your relationship
- Mental health, relationships and family
- Balancing work, self and relationships.

"I was very reluctant to attend this course, it's not what men do. I believed I could fix everything myself. All I can say is WOW what you get out of this course is absolutely life changing. I am now a better father, husband and man then I ever could have been. The course isn't an expense it's a dam good investment with better returns then any crypto currency."

"Taking time out of my busy life to reflect on how various parts of my upbringing and personality impacts my relationships has been so worthwhile for me. I really liked the content and Simon's thoughtful and practical style. This course has been thought provoking and very worthwhile."

"This course is very suited to those wishing to better understand how relationships work and how to improve the process. It has brought a new understanding to the relationship with my wife and for that I am really grateful. I highly recommend Simon's course."

To register or for more information please contact us at: Email: Simon@menandfamilycounselling.com.au Mobile: 04111 44519



\_\_\_\_\_ (date)

COURSE REGISTRATION					
PARTICIPANT DETAILS:					
Name:					
Phone Number:					
Address:				State:	Postcode:
Select start date:	26th April 🗆 🗆	7th June 🔲	26th July 🛚	13th Sept □	1st November □
Contact Email:					
Would you like to be notified of upcoming training and events?	☐ Yes ☐ No				
Payment can be made	e via Electronic I	Funds Transf	er or by cre	dit card over th	ne phone.
	COURSE	TRANSFER	AND CANCE	LLATION	
Please note, Men & Fami All registered participants course.		_			ourse to an alternative date or to the next available
As the course approaches refund will be provided if non-attendance after wee	you cancel or do i				d due to Covid-19. A full No refunds will be issued fo
I agree to the above men	tioned training tra	ansfer and ca	ncellation cor	nditions:	
	(nam	ie)			(signature)