



MEN & FAMILY COUNSELLING AND CONSULTANCY



‘Specialising in men and family
counselling, training and program development’

Summary of our full day workshops

Hearing the untold stories of men: Working with and engaging men and fathers

This workshop aims to provide evidence-based knowledge and practical skills to practitioners and anyone who wishes to work more effectively with men and fathers about how to engage them into their programs, services and groups.

Conflict resolution in the workplace

This interactive and hands on workshop will explore interpersonal conflict from the inside out.

Using the latest research from neuroscience, participants will gain an understanding of techniques to minimise the emotional impact of conflict, including negotiation and assertiveness skills and when to use them, as well as strategies to diffuse conflict situations in the workplace.

All training programs can be customised to suit your organisational needs.

Working with men that present as “difficult” in community support services

Using a strength-based approach this workshop will offer practical strategies and tools when working with men in emotionally charged situations, and help practitioners and organisations build trust, create better relationships, and facilitate more effective outcomes for men and their families.

“He said” “She said”: why we are wired for difference and what we can do about it

This workshop will explore the gender differences that commonly occur between men and women and the impact this has on our

relationships.

Drawing on neuroscience, attachment, and the complexities of gendered communication, this workshop will provide strategies to assist participants to resolve conflict and form stronger, healthier relationships.

Men & Family Counselling and Consultancy is renowned for providing interactive, hands on training that focuses on building skills and knowledge, developing self-awareness and creating personal change.

For more information contact us at:

Email: simon@menandfamilycounselling.com.au Mobile: 04111 44519

www.menandfamilycounselling.com.au



MEN & FAMILY COUNSELLING AND CONSULTANCY



‘Specialising in men and family
counselling, training and program development’

Simon Santosha is a highly qualified clinical social worker and counsellor with more than 15 years’ experience working with men and families.

He specialises in engaging and working with men and families who are dealing with separation, divorce and co-parenting.

Simon’s diverse counselling experience and passion for men and family relationship issues has allowed him to develop a unique set of therapeutic and training skills that are highly sought after.



Simon’s ability to inspire and motivate people to think differently, challenge their thoughts and behaviours and encourage debate has made him a popular presenter and group facilitator on men and family relationship issues. He has presented at various state and national conferences and delivered professional development training to a range of government, private sector and community welfare agencies throughout Australia.

He is currently the Managing Director of Men & Family Counselling and Consultancy on the Gold Coast.



“Fantastic and inspiring”

“Creative and innovative presentation”

“Simon was passionate about the topic, well organised, practical and interactive”

“Excellent presentation – the highlight of the conference”

“Very dynamic presentation style – able to clearly articulate concepts”

“I loved his passion, insight and skill. Very motivating and engaging”



For more information contact us at:

Email: simon@menandfamilycounselling.com.au Mobile: 04111 44519

www.menandfamilycounselling.com.au